



Water Pill Dose Instructions

Lasix is a water pill that is also called Furosemide.

These instructions explain how to take the Furosemide water pill.

My Target Weight is: _____

Weight Range	Furosemide Water Pill Dose
2 pounds (.9 kilograms) above target weight	Take _____mg of furosemide_____ daily.
3 pounds (1.4 kilograms) above target weight	Take _____mg of furosemide_____ daily.
4 pounds (1.8 kilograms) above target weight	Take _____mg of furosemide_____ daily.
More than 4 pounds (1.8 kilograms) above target weight	Take _____mg of furosemide_____ daily.
2 pounds (.9 kilograms) below target weight	Take _____mg of furosemide_____ daily.
3 pounds (1.4 kilograms) below target weight	Take _____mg of furosemide_____ daily.

If there is no change in your weight for 3 consecutive days, contact your ICC Coordinator at 905-522-2324 or 1-877-611-0669

